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Capital Ex vendor faces charges

LABOUR In a rare occurrence, an Alberta company has been slapped with charges for allegedly hiring a 15-year-old worker without providing proper supervision and allowing the teenager to work after midnight.

The charges stem from Employment Standards investigations alleging Shelby Amusement Services Inc. contravened the codes on the midway grounds of the 2008 Capital Ex, formerly known as Klondike Days, spokesperson Barrie Harrison said.

METRO CALGARY

Relating pg 5

Penguins aren't people

FocusOn First Nations

Metro Canada continues its focus on First Nations and Aboriginal news, community issues, arts and culture as part of a special series coinciding with the Assembly of First Nations convention that ends today in Calgary.

- Today
- Aboriginal Olympic torch bearer chosen, page 3
- Charles Davies highlights five First Nations business leaders making a difference, page 5
- Native-inspired decor, page 8
- Tempt your palate with native fusion, page 10
- First Nations fashion reflects culture, page 12
- Native authors pen page turners, page 13



Chief Shawn Atleo, left, from the Ahousaht First Nation in British Columbia and Chief Perry Bellegarde from Little Black Bear First Nation in Saskatchewan are locked in a tight battle in the election for the new national chief at the Assembly of First Nations annual meeting in Calgary yesterday.



Close race for chief

Atleo, Bellegarde in tough battle for AFN leadership

FocusOn First Nations

AMY GREGSON
for Metro Calgary

The election for the national chief of the Assembly of First Nations went into a deadlock last night with a single vote separating the two remaining candidates.

After a third ballot, Shawn Atleo was leading over Perry Bellegarde as both vied for support from chiefs across the nation at the 30th AFN conference being held in Calgary.

"I'm going to listen to

Final candidates

- Shawn Atleo is the British Columbia regional chief with the BC Assembly of First Nations.
- Perry Bellegarde was raised on the Little Black Bear First Nation in Saskatchewan. He

my elders," Bellegarde said after the third vote. "I'm going to stay."

Atleo said he was excited and stressed the split vote doesn't mean the AFN is divided.

A 60 per cent majority is needed to achieve the leadership.

After the first vote, which Atleo led with 43

per cent support followed by Bellegarde with 29 per cent, the other three candidates, John Beaucage, Terrence Nelson and Bill Wilson, all withdrew and threw their support behind Bellegarde.

The second vote also ended in a deadlock. Chief Charles Weasel Head said before the third

ballot he would be surprised if a clearer gap emerged.

Weasel Head said caucusing among provinces during the time between the ballots is very important. This includes trying to make deals to sway chiefs to the other side.

Karyn Pugliese, an AFN spokesperson, said the vote could go on for a while and there will be no victor until someone withdraws or the 60 per cent majority is achieved.

Pugliese said what may start to happen is that chiefs will stop voting. This was seen between the second and third votes as 17 fewer ballots were cast.

Growth comes with challenges, mayor says

JOEL MESSNER
for Metro Calgary

CENSUS Another year and more people have packed themselves into Calgary city limits.

This year's civic census revealed that Calgary's population grew from 1,042,892 people to 1,065,455, an increase of 22,563 Calgarians.

Mayor Dave Bronconnier said the city will face the same challenges it has over the last few years.

"With more clients for the services you have, (you have) more demand for services, everything from garbage collection to water availability, to transit and roads, park space, and ... affordable housing to recreational programs for children," Bronconnier said.

"That puts more pressure on the local government, which means it is going to be even more difficult for the 2010 and 2011 budget cycle," he added.

The city saw most of its growth in suburban areas, with 10 suburban communities seeing a growth of over 1,000 people.

However, the city does believe that with more time to let its initiatives grow, more Calgarians will start living closer to the city's core.

Despite the increase in the number of citizens, the census data also revealed a higher overall vacancy rate in Calgary.



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Cops say shooting may have been gang-related

Police believe a shooting just before midnight on Tuesday at a home in the 0-100 block of Pantego Road NW was not random in nature and may have been gang-related, according to organized crime Acting Staff Sgt. Gord Eiriksson. Nobody was injured. **METRO CALGARY**

3

Local



Get a chance to open for Aerosmith

Aerosmith, left, and Guitar Hero are offering fans the chance to be the opening act on their Western Canada tour in less than three weeks. One online winner will be chosen in each city to perform, including in Calgary on Aug. 13. For more information please visit aeroforceone.com.

METRO CALGARY

Calgary in brief

ELECTIONS Elections Alberta will be using the upcoming Calgary-Glenmore by-election to launch a mail-out enumeration initiative. The enumeration notice will be mailed on July 27, 2009 encouraging Calgary-Glenmore voters to take an active role in maintaining the accuracy of their elector registration. Voters should mail back the information to Elections Alberta by Aug. 18, 2009.

ROBBERY Police are looking for a suspect after the Royal Bank in the 8200 block of Centre Street North was robbed just before 10:30 a.m. yesterday. The offender is described as a Caucasian male, between 35 and 40 years old, between five-foot-ten and six-foot-one, with a few days' facial hair growth and wearing a blue and white baseball cap, a red T-shirt and beige pants.

TRADE Alberta's agriculture minister is on a trip to 15 western U.S. states, meeting with government officials and industry representatives to discuss future trade opportunities. Total cost of the trade mission is estimated at \$4,000.

HUNGER STRIKE Calgarians in support of the people of Iran and the release of political prisoners began a hunger strike at Tompkins Park yesterday evening. They will be striking on Stephen Avenue Mall today from 7 a.m. to 5:30 p.m.

CAMPAIGN Mark Dyrholm, leadership candidate for the Wildrose Alliance Party, unveiled plans for an Alberta pension plan yesterday, citing 34 per cent of current Alberta CPP contributions are not staying in the province. He stated the Constitution provides Alberta the right to opt out of CPP and operate its own plan, with three years' notice to Ottawa.

METRO CALGARY

Honoured torchbearer

Founder of Indigenous Games to run in Olympic relay

JOEL MESSNER
for Metro Calgary

A piece of the 2010 winter Olympics came to Calgary yesterday with the announcement of Alberta's first Aboriginal Olympic torchbearer.

Wilton Littlechild was the newest Canadian named to carry the Olympic torch, and is excited about the honour.

"I was pretty excited to say that is underscoring it a bit, I am very, very honoured and overwhelmed in a way as well," said Littlechild.

Littlechild was born on the Ermineskin Cree Reserve near Hobbema, Alta., and became the first Treaty First Nation person to earn a law degree from the University of Alberta.

Not only does Littlechild



Wilton Littlechild of Alberta was named the newest torchbearer in Canada's Olympic torch relay in advance of the 2010 Winter Olympics in Vancouver.

have an impressive academic background, but he has an extensive athletic one as well.

He has won more than 50 provincial, regional, national and international championships in various

FocusOn FirstNations

sports, and has been inducted into seven different sports halls of fame.

Founding the North American Indigenous Games is another accolade for Littlechild to add to the long list.

Littlechild's involvement in sports throughout his life makes the chance to carry the Olympic torch an extra-special experience for him.

"I've been involved with sport promotion all my life and to finally get a chance to lift the torch like this for the Olympics, not only for our country but for the world, to bring about peace and hope is just a tremendous, tremendous exhilaration," said Littlechild.

Cops learn about transsexuals

SESSION The Calgary Police Service held a transsexual information session yesterday with a special guest from the United Kingdom metropolitan police service.

Thirty-year-old Const. Louise Worsfold underwent a transformation from a male to female in 2004 with the support of her colleagues and wanted to share information with other police forces.

"I just think it's important to educate and inform because a lot of problems stem from misinformation and ignorance," she said.

KRISTA SYLVESTER/
METRO CALGARY

metronews.ca

What's online today.

Video Assembly of First Nations launches program to cut down on aboriginal suicide rates at

metronews.ca/local
Video Fraser Institute report finds quality of health care in Alberta depends on which hospital you walk into at metronews.ca/local

Video Troubling questions arise in the case of four women found dead in a submerged car after rumours of arrests. Watch at metronews.ca/canada

Lotteries

Lotto 6/49: 8, 14, 24, 35, 40 & 42. Bonus 19
These results are not official.

Cops mount trikes to help out charity

KRISTA SYLVESTER
krista.sylvester@metronews.ca

CYSTIC FIBROSIS What do tricycles, men in water wings and women in bath towels have in common?

They were all part of the second annual Calgary Police Race for Rainbows charity event yesterday outside downtown police headquarters.

Police officers dressed up and raced each other on tricycles to raise money for the Canadian Cystic Fibrosis Foundation, a charity close to Const. Scott Power's heart.

"It's special to me because my eight-year-old daughter was diagnosed with cystic fibrosis and lives with the disease, so anything I can do to help her, I will," Power said.

Power said \$11,000 was raised for the Kids' Cancer Care Foundation last year, and he hopes they will beat that number this year.

Const. John Warin was one of officers in a pedal race wearing just shorts and water wings.

"It's a lot of fun and the perfect weather to get out and raise some money doing it," he added.



Officers ride in the annual Race for Rainbows, a tricycle race aimed at raising funds for a charitable cause.

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Lottery winner Barry Shell of Brampton, Ont., had a cheque for \$4.4 million in hand and mugged for the money shot on Monday before being swiftly carted off to jail. Police said he was arrested on an outstanding arrest warrant. **METRO NEWS SERVICES**

Canada/World

Via Rail strike looms

Long-distance trains cancelled ahead of Friday deadline

Via Rail has begun to cancel long-distance trains ahead of a possible strike by 340 locomotive engineers tomorrow.

Via said it remains in talks with the Teamsters Canada Rail Conference union, which represents the engineers.

The union told Via on Tuesday that it plans to strike at noon EST tomorrow if there is no deal.

Ottawa has appointed a mediator to assist in the talks.

Via has cancelled long-

Busy lines

- Every week Via operates 503 intercity, transcontinental and regional trains.
- It links 450 communities across its 12,500-kilometre route network.
- Last year it transported 4.6 million passengers — the most since 1989 — and set a record of \$299 million in revenue.

haul trains between Toronto and Vancouver to ensure passengers are not

stranded if there is a strike. It's offering refunds or alternative transportation.

As the deadline advances, Via will cancel additional routes.

If engineers do walk off the job, Via will cancel all trains, with the exception of two routes run by a third party.

Via mainly uses track owned by Canadian National.

A CN spokesperson said the contract was confidential and would not say if a strike would have a finan-

cial impact.

Air Canada and WestJet Airlines could win extra passengers if there is a strike.

Via spokesperson Malcolm Andrews said the company hoped negotiations will resolve key issues around wages, length of contract, schedules and benefits.

Dan Shewchuk, president of the Teamsters Canada Rail Conference union, was not immediately available for comment.

REUTERS



U.S. Secretary of State Hillary Clinton speaks during a news conference at the Association of Southeast Asian Nations (ASEAN) Regional Forum in Phuket, Thailand, yesterday.

Clinton chides Iran

IRAN U.S. Secretary of State Hillary Clinton sketched out yesterday how the United States might cope with a nuclear Iran — by arming its allies in the Gulf and extending a "defence umbrella" over the region.

Her comments drew an immediate rebuke from a senior Israeli official, who said the United States should focus on preventing Iran from going nuclear rather than talking as if this may be a fait accompli.

Clinton later said that she was not suggesting a new U.S. policy and reiterated that Iran possessing nuclear weapons would be unacceptable to the United States.

Speaking in Bangkok,

Thailand, Clinton said crossing the nuclear threshold would not make Iran, which Washington believes is pursuing nuclear arms, safer. Iran says its nuclear program is meant to generate electricity so it can export more oil and gas.

Asked later at a news conference in the Thai resort of Phuket, where she is to attend Asia's biggest annual security meeting, to flesh out what she meant by a defence umbrella, Clinton said: "I was simply pointing out that Iran needs to understand that its pursuit of nuclear weapons will not advance its security or achieve its goals of enhancing its power both regionally and globally."

REUTERS

Farmers on Prairies get tax break

Relief is in store for weather-hit cattle farmers on the Prairies — thanks to Ottawa.

If farmers have been forced to thin their herds to deal with drought — or excessive rainfall — they'll be able to defer tax on some income from the sale of breeding stock, says the federal agriculture department.

A deep cull of western Canadian herds is under way as farmers cope with high feed costs and laws that have reduced their exports to the United States.

In central Alberta and in west-central Saskatchewan, the worst drought in 50 years has forced farmers to scramble to find pasture or feed for their cattle.

"It'll absolutely help maintain the viability of the herd."

Humphrey Banack

Ranchers in Manitoba's Interlake region have a similar problem but with a different cause — above-

average rainfall.

Farmers in the worst-hit parts of the Prairies will be able to defer tax on breeding stock sales for one year, Agriculture Canada says.

"It'll absolutely help maintain the viability of the herd," says Humphrey Banack, president of Wild Rose Agricultural Producers.

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French Socialists face crisis

POLITICS France's Socialist Party, heir to some of the great figures of the European left, is fighting for its life, crippled by internal splits and leaving President Nicolas Sarkozy with no effective opposition.

Centre-left parties across Europe have been struggling generally in recent years. But the problems of France's Socialists, suffering from falling membership and lack of direction, are especially dire.

Things have gotten so bad that many of the party's own supporters are openly wondering if it would not

"The French Socialist Party is at risk of dying out."

Manuel Valls

be better to clean the slate and start all over again.

"The French Socialist Party is at risk of dying out," Manuel Valls, one of a generation of rising 40-something party cadres, wrote this week. Valls, mayor of the town of Evry, has proposed dropping the title "Socialist" altogether to rid it of its 19th century associations.

REUTERS

News in brief

NEGOTIATIONS The Honduran de facto government said yesterday it will send a mediator's proposal for the return of ousted President Manuel Zelaya to Congress and the judiciary. It was the first sign that the interim government might consider giving into international pressure to allow Zelaya to come

home.

MILITARY China and Russia held a joint military exercise yesterday, with the drill seen as a chance to beef up anti-terrorism co-operation after the recent flare-up of violence in China's Xinjiang region between Muslim Uighurs and Han Chinese.

REUTERS

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Comment

Penguin pair young and the restless

Relating

Steve
Collins

metronews.ca/collins

usually eschew celeb news in this column — that's what the Celebrity Buzz pages are for — but the breakup of Pepper and Harry, the San Francisco

Zoo's famed gay penguins, seems momentous enough to merit an exception.

Harry, after six years with Pepper, during which the two males hatched and raised an abandoned chick, has seemingly switched teams, taking up with Linda, a recently widowed female.

The jokes have been irresistible, predictable and a little heartless.

Our species has reacted with all sorts of specious conclusions about same-

sex marriage and other overstretched sociological metaphors. A conservative news site decided the split was evidence that nature preferred straight animals — as if Pepper's new love somehow trumped the old one.

Those who oppose homosexuality react, as you might expect, somewhat unfavourably to gay penguins.

Penguins live about half their life on land and half in the water, so maybe

On the web

• For more views on relating, go to Love Bytes at metronews.ca/blogs

they're just adaptable. Linda and her dear departed mate had two nests, so in penguin terms, she was a rich widow.

The anthropomorphizing continues ad nauseam. It's the nature of the human beast. We lock animals up in zoos to learn about them, in part be-

cause they seem so much like us — mating, eating and all the rest, but with much lower incidences of smoking, blogging and organized religion.

Penguins aren't people, and we know it. We're not really talking about the penguins. We're talking about ourselves, thinking in fables. Some very good, long-term relationships run their course, and that can bother the people outside them even more than the principals. When your

favourite couple splits up, your relationship with them changes too. If there's a third party involved, like Linda, they're an easy target for blame.

Nobody else knows what's really going on between any two people (or penguins). Even the lovers themselves may be desperately trying to understand it. And sometimes a penguin is just a penguin.

Steve Collins offers his best guesses on relationships for Metro every two weeks.

Views

5 prominent Aboriginal business leaders

InBusiness

Charles
Davies

If Clint Davis is right, First Nations businesses are about to soar. Davis, president and CEO of the Canadian Council for Aboriginal Business, talks of "a huge blossoming of activity."

The Aboriginal population is growing faster than other segments of Canadian society; land claims settlements have given Aboriginals access to capital for investment and, because of that, more Aborig-

inals have gone entrepreneurial. A federal study in 2002 concluded that Aboriginals were starting small companies at a rate nine times faster than in the general population. A new generation of business stars has also grown up. Here are five of the most prominent:

Blaine Favel, president and CEO, One Earth Resources Corp.: A Harvard MBA and former grand chief of the Federation of Saskatchewan Indian Nations, develops resource projects with Aboriginal partners. Favel also chairs One Earth Farms Corp., which is investing \$27.5 million in corporate farming on Aboriginal lands.

Clarence Louie, CEO, Os-

FocusOn
FirstNations

oyoos Indian Band Development Corp.: A straight talker who believes First Nations people should concentrate on creating jobs, the Osoyoos B.C. Band chief has built eight businesses involved in construction, forestry, vineyards, retail and golf.

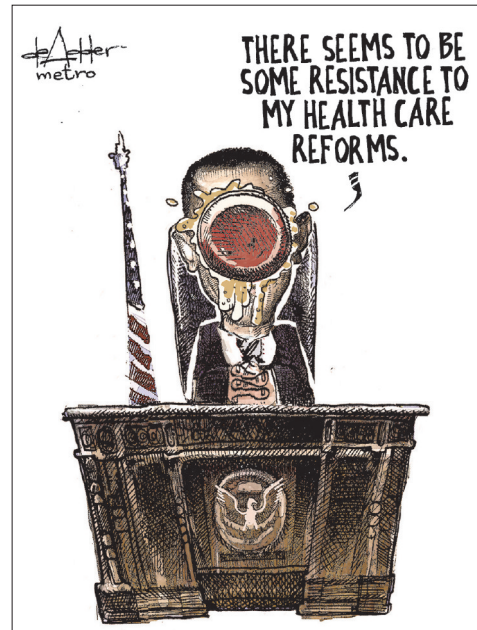
Keith Martell, executive chair, First Nations Bank of Canada: Martell has headed the 13-year bank since its inception, tailoring services for the Aboriginal market through six branches and three community banking centres. Assets have more than

doubled to \$253 million.

Mike Metatawabin, president, Five Nations Energy Inc.: Metatawabin runs Canada's only First Nations-owned electricity transmission company.

Allan McLeod, president and CEO, Tribal Councils Investment Group of Manitoba: TCIG's investments on behalf of 55 First Nations include Arctic Beverages Ltd., a Pepsi/Frito Lay franchise and a health claims processing system, First Canadian Health Management Corp. McLeod oversees annual sales of more than \$61 million.

Charles Davies is a veteran business writer and editor who has worked for news organizations and publications including Business Week, Canadian Business, Report On Business magazine, Reuters, and Financial Post.



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The Nasdaq rose yesterday for the 11th straight day, buoyed by solid profits from Apple Inc., while disappointing bank results and declining energy shares weighed on the broader market. Apple, up 3.5 per cent at \$156.74 US, gave Nasdaq its top boost a day after the iPod and iPhone maker reported a quarterly profit that beat forecasts. **REUTERS**

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Suncor posts \$51M Q2 loss

Suncor Energy Inc. sank into the red in the second quarter.

Skidding oil prices, hedging losses and costs related to project deferrals marred the last reporting period before it closes its \$22.5 billion takeover of Petro-Canada.

Suncor, one of the largest Canadian oilsands producers, did make a profit. But the results were below expectations.

Shares were up seven cents, or 0.2 per cent, at \$36.27 on the Toronto Stock Exchange late in the session, recovering from early losses.

Suncor sold a higher proportion of lower-quality, high-sulphur crude in the

quarter, which was a factor in its weaker than expected showing, said Lanny Pendill, an analyst at Edward Jones. Increases in staff, royalty and tax expenses also played a role, he said.

Suncor lost \$51 million, or six cents a share, in the second quarter, compared with a year-earlier profit of \$829 million, or 89 cents a share.

Investors remain focused on the takeover of Petro-Canada, which will create Canada's largest oil company. The Competition Bureau approved the deal Tuesday after Suncor agreed to sell 104 gas stations in southern Ontario.

REUTERS

Boeing Profits — and questions



Garuda airline Boeing 737s park at Jakarta's Soekarno Hata International airport in this file photo. Boeing Co. posted a 17 per cent increase in quarterly profit, topping expectations, but did not say when its long-delayed 787 Dreamliner would fly.

CRACK MANING / REUTERS

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Autos drive retail sector's sales jump

RETAIL Signs of life in the struggling auto sector led to a surprising jump in Canadian retail sales in May as consumer confidence rebounded broadly from a dismal April.

Statistics Canada said yesterday that retail sales rose by 1.2 per cent in May from April, more than doubling market expectations and offsetting April's 0.6 per cent decline. Automotive sector sales were still down 16.5 per cent from May 2008, but they were up 2.4 per cent from April. Sales at new car dealers rose by 3.4 per cent from April. **REUTERS**

Business in brief

OPEL Magna is still Germany's preferred partner for carmaker Opel, Chancellor Angela Merkel said yesterday, setting the stage for a showdown with General Motors. GM has received offers from Magna and Sberbank, private equity firm RHJ International, and China's Beijing Automotive. **BANKS** Wells Fargo & Co and other major U.S. banks said the troubled economy drove big increases in loan losses, reducing second-quarter earnings. Yesterday's results provided fresh evidence U.S. banks still face a rough road. **REUTERS**

One-third of Australia's curling rocks stolen

Fifty-eight curling rocks, more than one-third of the rocks in Australia, were stolen from a refrigerated truck, police say. There are only about 150 rocks in the country. **METRO NEWS SERVICES**

7

Sports

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Flames prospects put through paces

LAURENCE HEINEN
for Metro Calgary



Calgary's top two prospects from the 2009 NHL Entry Draft have enjoyed their first taste of being part of the Flames organization.

Tim Erixon and Ryan Howse are among a group of 27 players taking part in Calgary's summer development camp at the Pengrowth Saddledome this week.

"I'm starting to feel better and better," said Erixon, who the Flames selected in the first round (23rd overall) last month in Montreal. "It's a great deal and I'm enjoying it."

After meeting Flames owner Harley Hotchkiss, Howse found out that the locker room stall he was

assigned in the Calgary dressing room was right beside Jarome Iginla's regular stall.

"I don't know how far away I am (from playing for the Flames), but just the prospect gives me chills," said Howse, Calgary's pick in the third round (74th overall). "Being here right now and wearing the gear and dressing in here and being treated as well as we do, it's a great time. It's fun and I'll never forget it."

Erixon played 45 games for Skelleftea in the Swedish Elite League last season and he expects "to be a big part of that team" once again.

"It sounds positive," said the 6-foot-2, 189-pound defenceman, who's aiming to improve upon the two goals and five assists he

Public viewing

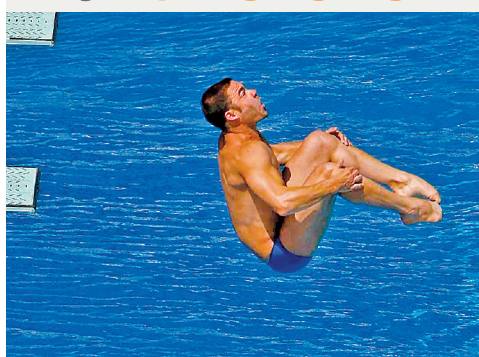
• The development camp runs until Saturday morning and sessions are open to the public.

recorded last year. "It sounds like they believe in me."

Meanwhile, Howse will be looking to build upon his second full season in the Western Hockey League with the Chilliwack Bruins.

"Obviously getting the experience right now at the camp here and the camp in September will be really good to bring back to Chilliwack," said the 5-foot-11, 198-pound forward, who scored 31 goals and added 13 assists in 61 games this past season.

Diving Despatie going for gold



Alexandre Despatie, of Laval, Que., competes in the men's 3m springboard diving preliminaries yesterday at the World Championships in Rome, Italy. Despatie finished first in the semifinals ahead of today's final.

Sports in brief

ROETHLISBERGER Police in Nevada said yesterday they have no plans on opening an investigation into allegations that Pittsburgh Steelers quarterback Ben Roethlisberger raped a Canadian woman at a Lake Tahoe hotel-casino a year ago. An official said a criminal complaint would have to be filed in order to start an investigation.

GOLF After coming within an eight-foot putt of besting all the top young pros at last week's British Open and becoming golf's oldest major champion, Tom Watson will be competing at the Senior British Open when play starts today.

METRO NEWS SERVICES

Williamson to lead Hitmen

WHL After being appointed as the new head coach of the Calgary Hitmen, Mike Williamson noted that he has "some big shoes to fill."

Needless to say, that's an understatement.

After guiding the Hitmen to a franchise-best record of 59-9-3-1, Dave Lowry recently departed the WHL ranks to join the Calgary Flames as an assistant coach.

On Tuesday, the Hitmen introduced Williamson as

Lowry's replacement.

"Dave did just an incredible job," said Williamson, who becomes the seventh head coach in franchise history. "There's high expectations here in Calgary every year."

LAURENCE HEINEN
/FOR METRO CALGARY

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Check out these mouse pads from the I-Hos Gallery. Mixing tradition with technology, Corey Moraes from the Tsimshian Nation designed the frog and raven images on these mouse pads, while the whale design is by Corey Bulpitt of the Haida Nation. \$17.95, I-Hos Gallery, ihosgallery.com. EMMA YARDLEY/FOR METRO CANADA

Metro Homes



Pook Mis Mask

Originally carved around 1880 for a Nuu-chah-nulth potlatch, this wooded mask was later modified to its current incarnation as the Pook Mis, a wood spirit. Price upon request, Out of the Mist Gallery, outofthemistgallery.com.

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

"This is a living art form."

Thomas E. Stark, curator of Out of the Mist Gallery



FocusOn First Nations

Home and native land

EMMA YARDLEY
for Metro Canada



First Nations' culture on home decor can be found in gift shops across Canada, it is in their original artwork where we find its

While the influence of

greatest presence.

"It creates a proud sense of heritage of our country," says Karl Lohnes, home expert for Canada AM. "What better way to display that than through the sculptures, paintings and furnishings of Native Americans?"

First Nations' art is heavily grounded in historical tradition, where every image has a meaning, a story or a practical use. It also shifts with the times, creating new art forms and methods of expression.

"This is a living art form," says Thomas E. Stark, curator of Out of the Mist Gallery in Victoria, B.C. "(It) has been changing long before the

Western world came with its steel and trading posts."

Whether you choose to display an intricate traditional print on your wall or buy a set of painted mugs for the kitchen, know that you're supporting the rich and diverse artistic cultures of Canada's first peoples.

Rock Family • Eskimo Art Gallery

With its linear faces and large areas of untouched stone, this abstract style is typical of Nunavut artist Lucy Tasseor Tutsweetok, who has been carving for 50 years. \$345, Eskimo Art Gallery, eskimoart.com, 1-877-364-6845.



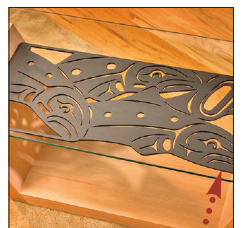
Woven Bowl Wall Art • West Elm

These woven bowls owe a lot of their design features to the rich tradition of basketry in North American aboriginal cultures. Medium weave, \$39; small weave, \$36; big swirl weave, \$44. West Elm, westelm.com, 416-537-0110.



Fisherman and Bear • Eskimo Art Gallery

Made from a polished caribou antler and mounted on a piece of bone, this carving tells a story about traditional life in the Arctic, carver Jobie Crow Jr., who lives in Northern Labrador. \$425, Eskimo Art Gallery, eskimoart.com, 1-877-364-6845.



Passage Table • Canada House Gallery

This Douglas fir and aluminum glass topped table was created as a collaboration between designer Sabrina Hill and Kwakwaka'wakw artist Steve Smith. It combines the mythology of Northwest Coastal First Nations' culture with clean precise lines of modern furniture design. 16" x 46" x 20", price upon request, Canada House Gallery, canadahouse.com, 1-800-419-1298. John Watson photo

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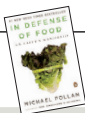
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Eater's Manifesto bestselling in Canada
In Defense of Food: An Eater's Manifesto by Michael Pollan topped last week's bestselling cookbooks list at Amazon.ca. Gordon Ramsay's Healthy Appetite came in second and The Omnivore's Dilemma: A Natural History of Four Meals came in third. **METRO NEWS SERVICES**

Food

On Cooking with the Wolfman, discover how North American Bison is fused with exotic spices, Cholent is slow-cooked, Fricasse of Rabbit can have a twist and Chick Pea Curry is served with traditional game.

METRO NEWS SERVICES



David Wolfman

The show is broadcast nationally on the Aboriginal Peoples Television Network. For information about the seventh season, visit cookingwiththewolfman.com

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

Food from the native tongue

Chef David Wolfman cooks up own brand of fusion cuisine

David Wolfman — a descendant of the Lillooet band, Xaxli'p Nation — grew up in Toronto. He observed cooking skills from his mother at a very young age and was mesmerized at the fascinating stories and legends that his mother would share.

Wolfman later decided to focus his education in cooking at George Brown College in Toronto, through the apprenticeship program, and would later discover his aboriginal roots. He fused his international culinary techniques with the traditional foods that he was exposed to, and in 1992 he opened an Aboriginal Fusion cater-

ing company named Lillooet Catering, which featured an aboriginal fusion menu.

In 1994, he developed and taught an Aboriginal Cuisine program at George Brown College and in 1999 he wrote and hosted Cooking with the Wolfman, which airs nationally on The Aboriginal Peoples Television Network (APTN).

In season seven of the show, Wolfman shares his Aboriginal Fusion recipes (traditional foods with a modern twist), now with an international flare.

Wolfman is currently a professor at George Brown College and can be reached at david@cooking-withthewolfman.com.



Garlic and Thyme Knishes.

Garlic and Thyme Knishes

INGREDIENTS:

Dough:

- 2 cups flour
- 1/2 ts baking powder
- 1/4 ts salt

- 1 egg
- 1/4 cup oil
- 3/4 cups water
- Potato Filling:**
- 4 large potatoes; cooked mashed
- 1/4 lb chicken fat; melted

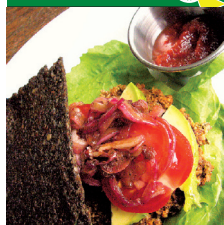
- 1 egg
- 1 onion; minced and browned
- 2 heads garlic, roasted in foil
- 1 tsp fresh thyme chopped
- 1 tb oil
- 1/2 ts salt
- 3 eggs for egg wash

METHOD:

Sift flour, baking powder, and salt into a bowl. Beat egg, oil, and water and add to the flour mixture. Knead lightly until dough is soft; it will be slightly oily but not sticky. Cover and set in a warm place for 1 hour.

Read more on [page 11](#)

On the web



Global Peasant:

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog. Visit metronews.ca/globalpeasant to read Diane's recipe for raw burgers.

Liquid Assets:

- Peter Rockwell has a '70s flashback and notices the recent comeback of several drinks from that decade — including the spritzer. Visit metronews.ca/liquidassets to read his column.



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Food for thought

The nonprofit Center for Consumer Freedom launched HowMuchFish.com, the only online seafood calculator that computes both the health risks and benefits of a diet rich in seafood. The site puts conflicting information about seafood and health into perspective. **METRO NEWS SERVICES**

food **11**

***** INSPIRED; **** VERY GOOD; *** PALATABLE; ** HO-HUM; * NEVER AGAIN

>> Continued from page 10

To make filling, combine all ingredients and mix well. Divide dough in half and roll as thin as possible into a rectangle. Spread the filling on long side of the dough and roll like a jelly roll. Cut into 1-in. slices.

Pull ends of the dough over the filling and tuck into the knish to form small cakes. Brush with egg wash and place on a well-greased baking sheet. Bake in a 375 degree F. oven until brown.

Cholent

Aboriginal/Jewish Cuisine

INGREDIENTS:

- 3 medium onions, diced
- 2 tbsp vegetable oil
- 4 lbs kosher beef inside round, diced
- 1 cup lima beans, dry
- 1 cup barley, rinsed
- 4 large potatoes, diced
- 4 cloves garlic, peeled and sliced
- 2 sprigs rosemary, fresh
- 2 med carrots, sliced on a bias
- 2 quarts kosher beef stock
- Salt and pepper to taste

METHOD:

Cholent was traditionally slow-cooked overnight.

In a large rondue, sweat off the onion, remove and reheat pan, brown beef in small portions, remove and hold.

Deglaze pan with a bit of the stock, add the garlic and fresh rosemary, scrape sediment from pan, add more stock bring to a boil and add the rest of the beef, beans, potatoes and carrots. Preheat oven to 325 C. Let simmer for a while, add barley and the seasoning. Cover, bring to a simmer and then place in an oven-proof casserole dish and cover with lid.

Bake in the oven at 325 C until tender (approx 1-2 hours), remove let rest and serve with knishes ... mmm! (Cholent was traditionally slow cooked overnight.)

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Rating: *****Price range:** \$\$**Reservations:** Yes**Client negotiations:** Yes**Lunch w/co-workers:** Yes**Social Lunch:** Yes**Quick solo lunch:** Yes**Time in:** 1:00 p.m.**Ordered:** 1:10 p.m.**Food arrived:** 1:25 p.m.**Time out:** 2:00 p.m.**Total time:** 1 hour**Low \$:** Hiya Yakko Cold Tofu, \$3**High \$:** Sushi Sashimi Combo, \$28.75**Lunch menu:** One menu**Licensed:** Yes

Sushi Kawa is a cute restaurant on 4th street with sumo wrestling always playing on the T.V and servers wearing traditional looking outfits.

My lunch there with my friend Mary started out very well. The assorted tempura (\$13.50) was crispy and light, and the gyoza dumplings (\$6.50) were made very well and tasted good. The Kamikaze (\$6) was a massive beast of a roll that was hard to eat, but it was tasty, and both spicy and a bit crunchy. Then there was the Rainbow roll (\$10) — which is a California roll that is garnished with different toppings of salmon, tai, Edi and avocado. It looked great and tasted nice too.

Just as we were lost in conversation, enjoying our sushi, I lifted up one of the pieces, about to take a bite, there it was — a hair. It was short, it was black, and it was stuck right into the roll and sticking out the end. Mary and I looked at each other, horrified and immediately stopped eating.

This is a tricky situation.

Hair in food happens nearly everywhere, and it's never pleasant. Judging by the reaction of the chef, who pondered the hair for about ten minutes after the waitress showed it to him, this sort of occurrence is rare at Sushi Kawa. I do feel they could have handled the situation better, as we didn't receive an

apology from them, but that particular roll was taken off of our bill.

Although our appetites were ruined by the hairy incident, Sushi Kawa served us a good meal that afternoon, even though I think there are plenty of other sushi places I will visit before going back there again.

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California jewelry designer Michele Baratta offers heartfelt gift ideas like picture frame jewelry and picture frame key rings as well as delicate layering necklaces and funky metallic bangles. Visit shopmichele.com METRO NEWS SERVICES

Style

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA



Spanish-inspired shades

Nails take a dramatic turn this fall with OPI's new Colección de España, 12 on-trend shades inspired by the colors of Spain. Colours include Here Today ... Aragon Tomorrow (pictured, far left to right), Pink Flamenco and Give Me Moor! The collection will be available Aug. 5 at professional salons and spas across Canada (\$10.95). For a location nearest you, visit opi.com.

METRO NEWS SERVICE

Old world meets new

First Nation fashion melds the past with the present

JANINE FALCON
For Metro Canada



Perhaps in First Nation culture more than most, historical influences in modern design are about identity, preservation and celebration.

Ancaster-based fashion designer Angela DeMontigny (angellamontigny.com) works with traditional motifs and traditional materials such as suede, beads and leather hides, all of which pay homage to her Chippewa-Cree-Métis background and serve as a reminder to the world that the First Na-

tions is more than old westerns. "It's a living, breathing culture," she says.

Signature DeMontigny pieces include fitted leather blazers, tiered goat-suede skirts and now handbags. Distributed in boutiques and galleries throughout North America and Europe, her work has received attention from media such as Flare, Chatelaine, Women's Wear Daily and CTV.

Manitobah Mukluks (manitobah.ca) is a Winnipeg-based company that produces high-end beaded and fur-trimmed leather and suede footwear. These are inspired by the muk-

FocusOn FirstNations

luks and moccasins Métis owner Sean McCormick and his family wore when he was a child. "They're as close to being authentic as possible without being handmade," he says.

Rubber soled for urban life, Manitobah Mukluks pieces are available at select North American boutiques (including New York City's Intermix) and in Europe. The line is also hitting the celebrity side-walks on feet belonging to Beyoncé, Marisa Tomei, Kate Moss and Kate Hud-

son, and has appeared in magazines such as Vogue, In-Style and Elle.

First Nation art has also found its way to eyewear launching this summer. Reading glasses and sunglasses (\$35 - \$60) from AYA Accessories' Pacific Northwest Collection feature contemporary and playful designs by Corrine Hunt, a BC-based artist with a Kwakiutl and Tlingit heritage. Motifs include the sun, which represents nourishment, truth and clarity; the hummingbird,

Model displays Angela DeMontigny leather blazer, suede skirt and leather bag.

spirit bearer of good news; and the wolf, the family protector. "My appreciation for First Nations and indigenous art comes from growing up in Australia and Vancouver," says the collection's creator, Carla D'Angelo Taylor, who spotted Hunt's work at a gift show five years ago.



AYA Accessories' sunglasses, \$35, and Esme reading glasses, \$60.



Model displays Angela DeMontigny leather blazer, suede skirt and leather bag.

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Thurman to play nun

Uma Thurman is set to play a nun in her new movie. The Kill Bill star has signed on to star in new indie drama *Girl Soldier*, in which she will take on the role of Sister Caroline who helped rescue 140 schoolgirls abducted in Uganda. FEMALEFIRST.CO.UK

13

Entertainment

EDITOR: DEAN.LISK@METRONews.CA

A CLASSIC; EXCELLENT; GOOD; FAIR; POOR



Joseph Boyden

Native authors make waves

FocusOn FirstNations

BRIAN COULTON
for Metro Canada

In contemporary Canadian society, Joseph Boyden continues to see barriers between First Nations communities and the rest of the country.

Often more prevalent than seen through the eyes of non-First Nations people, said the part-Métis author, 43, their struggles continue to persist both on and off the reserve. But the Giller Prize winner believes writing is the perfect way to break down those barriers.

"You can put an audience in a place that they're not necessarily comfortable with but they want to explore with you," he said. "In *Three Day Road* and *Through Black Spruce*, I ask my reader to become my character, take this journey where they don't know where they're going, and live in those shoes."

First Nations people are breaking waves in Canadian literature according to Kamloops, B.C.-based author Richard Wagamese. "That's indicated by Joseph Boyden winning the Giller Prize and the number of aboriginal writers that are coming along to publish for the first time," he said.

The 53-year-old Ojibway has published seven titles. Wagamese said he tries to embed teaching paradigms encompassing universal moral and ethical teachings. "I look for a context to frame it in that's probably not something you would ordinarily sum up in terms of aboriginal life. The challenge is always the context."

Sparks on the Battlefield

Jordin Sparks

Album: Battlefield
Label: Sony Music
Rating: ⓈⓈⓈ

WHILE RIHANNA PLAYED the *Good Girl Gone Bad* on her last release, Jordin Sparks' latest could have been called *Good Girl Remains Good*. The American Idol winner's sophomore album offers little of the drama its title suggests. But what *Battlefield* lacks in tension, it makes up for in expert pop-R&B songcraft and production. Be it over slick, '80s-Madonna-inspired tracks like *S.O.S.* (Let The Music Play) or mid-tempo power ballads like *Let It Rain*, Sparks repeatedly proves why she won

Simon Cowell and company over in the first place.

Jason Richards/for Metro Canada

Demi Lovato

Album: Here We Go Again
Label: Hollywood/Universal
Rating: ⓈⓈⓈ

DEMI LOVATO'S sophomore disc is exactly what you'd expect from a Disney darling — it's vibrant, infectious and only for 14-year-old girls. For that Mickey Cyrus loving demo, this is a superb disc. She's perfected the watered down Avril Lavigne, faux-ang sound to a tee, and naive songs about boys will resonate with her coming-of-age crowd. This isn't a bad disc. It's loaded with rock

MusicReviews

music@metronews.ca

hooks and Lovato's voice is solid. She has a bright future, once she breaks free from Mickey's shackles.

Bryan Borzykowski/for Metro Canada

Our Lady Peace

Album: Burn Burn
Label: Coalition/Sony Music
Rating: ⓈⓈⓈ

THE GOOD NEWS: OLP's Raine Maida drops all traces of formulaic, radio-friendly alt-pop. For a Canuck outfit that had been so close to separating with 2005's *Healthy In Paranoid Times*, album No. 7 gives the impression that OLP



Smell like Amy

Amy Winehouse wants to launch her own perfume. The troubled singer and her father Mitch are keen to develop her "smoky" look and put her name on a fragrance. FEMALEFIRST.CO.UK



Battlefield is the new disc from American Idol winner Jordin Sparks.

diohead, Coldplay and U2 and converts it all into one package of formulaic, radio-friendly alt-pop. For a Canuck outfit that had been so close to separating with 2005's *Healthy In Paranoid Times*, album No. 7 gives the impression that OLP

still craves some more stadium-size rock acceptance. But as Brit rock-wannabes? Aii-ee-iii-ee-iii!

Ian Nathanson/for Metro Canada

Listen to this week's reviewed music at metronews.ca/music

CA	Vu SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
7/23/09	267 351 - ACCESS	Alberta Primetime	Greek	Private Practice	(9:58) Grey's Anatomy	Primetime				
	243 317 3 CFCN	etalk	Hollywood	The Listener (HDTV) (N)	CSI: Crime Scene Investgtn.	So You Think You Can Dance	CTV News			
	- 4 OMNI	Two/Half Men	The Simpsons	News	News	The Simpsons	King	Metropia		
	- 371 5 KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Samantha Who	Samantha Who	Grey's Anatomy	Practice	
	245 306 6 CBRT	Coronation St.	Jeopardy! (N)	Doc Zone (HDTV)	Doc Zone Future of food.	CBC News: The National	The Hour	The Office	The Office	News Hour
	244 338 7 CICT	ET Canada	Entertainment	House	Big Brother 11	The Office	The Office	30 Rock	Your City	TJ Alberta
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news	502 390 15 CBC	CBC News: The National	The Nature of Things	Jeopardy! (N)	Wheel-Fortune	30 Rock	The Office	30 Rock	The Listener	
	- 370 16 KHQ	News	Be-Millionaire	Two/Half Men	Two/Half Men	Bones (HDTV)	So You Think You Can Dance	News		
	- 373 22 KAYU	The Simpsons	Raymond	PIX News at Ten Tong.	Anderson Cooper 360	Black In America	Tomorrow's Leaders	Sex and-City	According-Jim	Fraser
	297 652 37 WPX	Supernatural (HDTV)	Supernatural (HDTV)	Anderson Cooper 360	Nancy Grace	Shove! Tonight	Jane Velez-Mitchell	Nancy Grace	Cooper 360	Nancy Grace
	500 500 29 CNN	(6) Black In America (N)	Jane Velez-Mitchell	CFL Football: Tiger-Cats at Alouettes	SportsCentre (HDTV) (Live)	Premier League Poker III (N)	Premier League Poker III (N)	NASCAR Race	IMMA Conn	NASCAR Race
	508 502 31 CNN2	CFL Football: Tiger-Cats at Alouettes	SportsCentre (HDTV) (Live)	MMA Conn	World Sport	Ms. Fitness USA '09	UFC Top 100 Fights	Sportsnet Connected	IMMA Conn	Final Score
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	417 406 48 SPEED	Jacked! (N)	Jacked! (N)	Wrecked (N)	Wrecked (N)	Pimp My Ride	Pass Time	In Real Life "E.R."	Falcon Beach	Ned's School
	552 541 39 FAM	iCarly	True Jackson	Family Biz	Family Biz	Malcolm-Mid.	Futurama	Wizards-Place	Life Derek	Ned's School
	557 541 39 FAM	Zoe 101	Life Derek	Wizards-Place	Han. Montana	Malcolm-Mid.	Futurama	Wizards-Place	Life Derek	Ned's School
family	555 545 67 TOON	Ben 10	Johnny Test	Jimmy Two	Total Drama	6TEEN	6TEEN	Futurama	Doctor Strange (2007)	
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	553 546 17 TREE	Little Bear	Maggie-Beast	Big Comfy	Zigby	Max & Ruby	Babar	Backyardigans	Ni Hao, Kai-Lan	Go, Diego, Go!
	- 18 CHTV	The Insider (N)	El News	True Hollywood Story	EarthWatch One	EarthWatch Two	Confidential	Save Us-House	Divine Design	
	505 398 19 TWN	Style by Jury	Style by Jury	Style by Jury	Friends	Divine Design	House	Confidential	Save Us-House	Divine Design
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	521 560 24 TLC	Jamie's Kitchn	Jamie's Kitchn	Crime 360 "Indianapolis"	Crime 360 "Indianapolis"	Crime 360 Serial	Crime 360 Serial	The First 48 (HDTV)	The First 48	The First 48
	615 520 26 A&E	The First 48 (HDTV)	The First 48 (HDTV)	The Outer Limits	Bulging Brides	Bulging Brides	Love-Death	Love-Death	Mom, Dad and Her (2008, Drama)	Trading Sp
	617 522 32 SHOW	Trailer Park	Trailer Park	10 Pounds	10 Pounds	ET Canada	Til Debt-Part	Real Housewives OC	White O	
	601 562 33 SLICE	Last 10	Last 10	(6:55) This Is My Father *** (1998)	MythBusters	Daily Planet	Journey to the Edge of the Universe	Without a Trace	Mediterraneo	
cable variety	- 633 34 ENC2	Edge of the Universe	MythBusters	Don McKellar	Men in Black II *** (2002, Comedy)	Seinfeld	Seinfeld	The Simpsons	South Park	Comedy Now
	520 505 35 DISC	Childstar *** (2004, Comedy-Drama)	Don McKellar	Men in Black II *** (2002, Comedy)	Seinfeld	Seinfeld	Seinfeld	The Simpsons	South Park	Comedy Now
	294 650 40 WPCB	Childstar *** (2004, Comedy-Drama)	Don McKellar	Men in Black II *** (2002, Comedy)	Seinfeld	Seinfeld	Seinfeld	The Simpsons	South Park	Comedy Now
	626 547 41 COM	Laughs	Comedy Now	Air Force	22 Minutes	22 Minutes	Corner Gas	Goodbye, Mr. Chips (1939, Drama)	(DVS)	
	- 539 42 TCM	(6) Of Mice and Men (1939)	Dark Victory *** (1939, Drama)	Bette Davis	(DVS)	Jesse James Is a Dead Man	Ancient Discoveries	MANswers	GameTrailers	MANswers
	628 584 43 SPIKE	TNA IMPACT! (HDTV) (N)	Lost Inventions	NCIS "Smoked"	Torchwood: Children of Earth	(9:15) Stargate SG-1	Star Trek: Next Gener.	Trek: Voyager		
	622 516 45 HIST	Pretty Bloody (DVS)	Pretty Bloody (DVS)	(6) Rio Bravo *** (1959, Western)	John Wayne	Chisum *** (1970, Western)	John Wayne, Forrest Tucker	Seinfeld	Raymond	Family Guy
	627 528 46 SPACE	North of 60	Traders	House Hunters	House Hunters	News	CTV News	Disaster DIY	Big Amazing	Handyman
	619 525 49 TROP	Disaster DIY	Big Amazing	News	CTV News	Headline	Market Call	Commodities	Business News	Taking Stock
	500 391 52 HGTV	CTV News Tonight	Market Call	Passion	Homicide File	Psychic Inv.	Encounters	Judging Amy "Imbrolio"	Most Haunted	

critics' corner

Childstar

Don McKellar ("Last Night") co-wrote, directed and stars in this unfunny 2004 comedy-drama about Taylor (Mark Rendall), a Hollywood brat who's in Toronto to shoot a movie. Used to getting his own way, he finds the director unwilling to put up with his tantrums and flees the set, checking out the local drinks, drugs and damsels with another young actor (Brendan Fehr). McKellar plays the boy's driver, who has an affair with Taylor's alcoholic mom (Jennifer Jason Leigh). 7 PM on BRAVO



Pretty Bloody

Horror is for guys, right? Made by guys for guys who want to see blood and breasts, right? While the horror genre may be male-dominated, it does have its share of women in roles other than scream queen — director, for example. This special traces women's contribution to the horror genre with film clips and interviews with directors Mary Lambert ("Pet Sematary") and Kati Shea ("Stripped to Kill"), actress Debbie Rochon and more. 9 AM on SPACE



Actress and model Angie Everhart isn't one to procrastinate. "I'm completely prepared," she said about welcoming her first-born, a boy, who is due in eight days. "The nursery is done, the name is picked and I've even got a year's supply of Seventh Generation diapers." **PEOPLE.COM**

Model mom-to-be's ready

Celebrity Buzz

Love child rumours surface

LET THE CIRCUS BEGIN Michael Jackson is rumoured to have a fourth child, femalefirst.co.uk reports.

Omer Bhatti, a 25-year-old Norwegian dancer, is thought to be the singer's child from a one-night stand in 1984, the website alleges.

Jackson is said to have admitted in 2004 that he was Omer's father, the website adds. Bhatti is now believed to be seeking a DNA test to determine if he is a descendant of the King of Pop.

Although Omer's mother Pia and her husband Riz — who have both worked for Jackson — refuse to

talk about the star, Pia did tell Britain's The Sun newspaper on Tuesday: "He was the King of Pop. But to us he was so much more."

Omer has also previously spoken about Jackson: "I have contact with Michael, and I think my loyalty to him is the reason we still have our contact. He is an unbelievably good human being."

Omer also lived at Jackson's Neverland ranch home for several years from 1997, and video

footage exists of him unwrapping presents with Jackson and playing with a toddler, believed to be one of Jackson's three children.

The dancer was also at Neverland when police raided the property to investigate child molestation allegations in 2003.

On Tuesday, Riz confirmed his stepson was in the front row for the emotional memorial concert at the Los Angeles Staples Center.

METRO NEWS SERVICES



Kiefer's charge dropped

CASE DROPPED Kiefer Sutherland will not face prosecution for alleged attacking a fashion designer, femalefirst.co.uk reports.

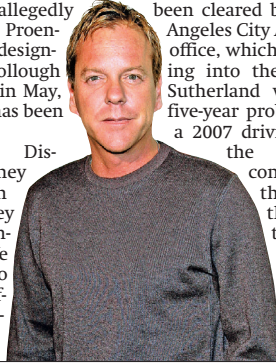
The 24 star was charged with third-degree assault after allegedly head-butting Proenza Schouler designer Jack McCollough in New York in May, but the case has been dropped.

Manhattan District Attorney spokeswoman Alicia Maxey Greene confirmed: "We declined to prosecute after a full investigation.

And that included speaking to the complaining witness who was quite uncooperative. Therefore, the D.A. declined to prosecute."

Sutherland, 42, has also been cleared by the Los Angeles City Attorney's office, which was looking into the case, as Sutherland was on a five-year probation for a 2007 driving under the influence conviction at the time of the altercation.

METRO NEWS SERVICES



Mischa's new gig at risk?

HIGH STAKES Still in a hospital psychiatric ward in Los Angeles after a week, Mischa Barton risks losing her latest acting gig on CW drama The Beautiful Life, according to the Sun.

Producers are said to be considering a placement for Barton, who plays a supermodel, if she's not fit to film next week, sources say. Her rep says she'll be ready by then.

METRO WORLD NEWS



Happy birthday to Lindsay

TOO MUCH INFORMATION Samantha Ronson gave her two-year, on-off girlfriend Lindsay Lohan sex toys for her birthday, femalefirst.co.uk reports.

The actress — who turned 23 on July 2 — was delighted with the satisfying gift, which Ronson hand-picked herself, according to the National Enquirer.

A source said: "Samantha presented her with a gift guaranteed to create lots of buzz — a big, brightly gift-wrapped basket of sex toys selected by herself. She spent hours shopping Hollywood's erotic emporiums for the items."

METRO NEWS SERVICES



Angelina shuts herself away

ON THE ROCKS? Angelina Jolie reportedly walked out on Brad Pitt following a furious argument last weekend, femalefirst.co.uk reports.

The couple allegedly had a huge row following their twins Knox and Vivienne's first birthday bash at their Los Angeles home Sunday. According to sources, the 34-year-old checked into a room at the luxury Raffles L'Ermitage hotel af-

ter collapsing on the floor in a flood of tears at the party.

The actress has reportedly remained at the hotel — where her late mother Marcheline Bertrand stayed until her death in 2007 — and is refusing to take Pitt's calls.

Friends of the actress say Jolie is still mourning her mother, who died of ovarian cancer at age 56.

One said: "Angelina stays in the room for hours on end. It's as if she's trying to feel Marcheline's spirit. She's lighting candles and thinking about her mother."

METRO NEWS SERVICES



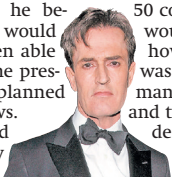
MJ better off dead: Rupert

HIS OPINION Rupert Everett is relieved Michael Jackson died, femalefirst.co.uk reports, because he believes Jackson would never have been able to cope with the pressures of his planned comeback shows.

Everett told Britain's Daily

Mirror: "I think it was fortuitous that he died. He was supposed to be doing 50 concerts in London. It wouldn't have mattered how good or bad he was. He wouldn't have managed to do them all and the press would have destroyed him."

METRO NEWS SERVICES



Jon's new girlfriend speaks

REBOUND Hailey Glassman's romance with Jon Gosselin came as a surprise — even to her, she tells People magazine.

Glassman, 22, says she developed feelings for the 32-year-old newly single dad of eight kids — a family friend who recently split from his

wife Kate — while he was nursing his broken heart at her parents' New York City home in May.

"He was so strong," Glassman said. "I admired him." She refutes rumours that she's engaged to Gosselin, but admits she's having a

great time with her new beau, who recently rented a bachelor pad in Manhattan. "We watch movies, play pool and Ping-Pong. We laugh a lot because I beat him at everything," she gushed.

She added: "He's a great cook. He cooks roasted veggies with special seasoning and sauces, and he grills pineapple with a butter concoction."

METRO NEWS SERVICES



False alarm, not wedding bells

SOON, BUT NOT YET There are no wedding bells for Jennifer Love Hewitt and Jamie Kennedy just yet, us-magazine.com reports.

The New York Post reported that Kennedy, 39, popped the question to Hewitt, 30, onstage at a California comedy club Saturday night after an audience yelled, "Marry her!"

But Hewitt's rep told us-magazine.com, "There is no truth to the report."

METRO NEWS SERVICES



Last straw for Eddie's wife

NO MORE Eddie Cibrian's wife has decided to call it quits with the actor over an alleged affair he had with country singer LeAnn Rimes, according to Us Weekly.

"Eddie and I have decided to take some time apart," Brandi Granville said. "I want to do what is best for our children. Eddie and LeAnn deserve each other." Though speculation about the affair began months ago, Cibrian and Rimes were allegedly caught together again last week, prompting Granville's decision.

METRO WORLD NEWS



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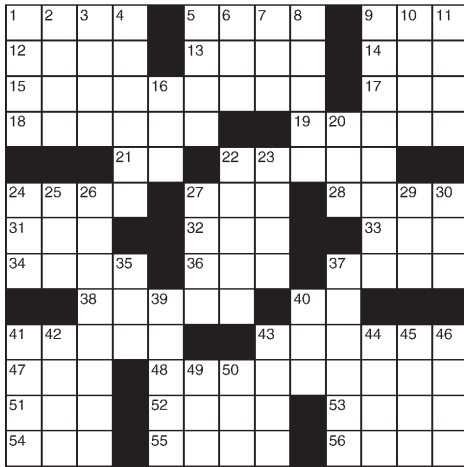
COLUMBIA COLLEGE



Andrew Schultz, Weather Specialist — Breakfast Television

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta."

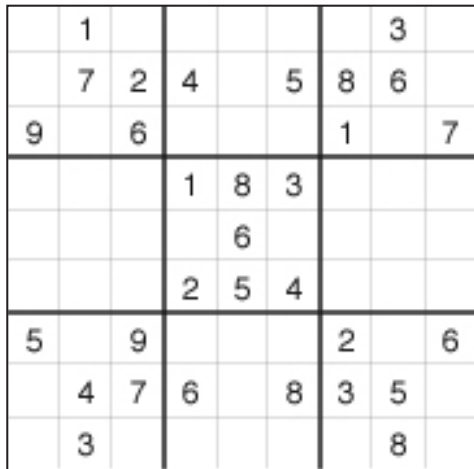
WEEKDAYS AT 6 A.M.



Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



ACROSS

- 1 Grounded flock
- 5 Castle protection
- 9 Jazzy style
- 12 Spiraling motion
- 13 Part of a foot?
- 14 Carnival city
- 15 Small embellishment
- 17 New England cape
- 18 Deli purchase
- 19 Role for Desi
- 21 "Forget it!"
- 22 Motif
- 24 Everything else
- 27 Street address?
- 28 Charitable donation
- 31 Matterhorn, for one
- 32 Cartesian conclusion
- 33 — de cologne
- 34 Dieter's target
- 36 Expert
- 37 Dance lesson
- 38 Hex
- 40 Greeting

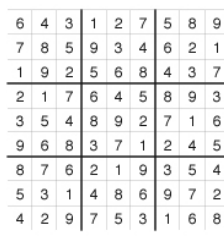
DOWN

- 1 Early birds?
- 2 "— Breckinridge"
- 3 Orsk's river
- 4 Trig measure
- 5 Revealing fashion
- 6 Lennon's lady
- 7 Performance
- 8 "Ta-da!"
- 9 It has its charms
- 10 Sty cry
- 11 Shetland, for one
- 16 Comic Philips
- 20 "— Little

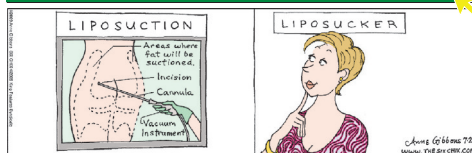
Teapot"

- 22 Vestige
- 23 Base runner's goal
- 24 U.K. fliers
- 25 Right angle
- 26 Neighbor of alt
- 27 Prejudice
- 29 West of Hollywood
- 30 Dine
- 35 Kramden's transport
- 37 Doughnut, slangily
- 39 Copy, for short
- 40 Shade
- 41 Snare
- 42 Ginormous
- 43 Read quickly
- 44 Catastrophic
- 45 Litmus reddener
- 46 Supplements, with "out"
- 49 Actress
- Ullmann
- 50 Epoch

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



On the web Find more games to play + more cartoons by the Six Chix at metronews.ca



Metro Recipe of the Day



Grilled Eggplant Side Dish

Submitted by Kirsten Ernst, Vancouver

INGREDIENTS:

- 1 large eggplant
- olive oil
- 1 cup good quality feta cheese
- Juice of 1/2 to 1 lemon (to taste)
- 1 tomato, seeded, and diced
- 1/2 to 1 small red chili, seeded, and finely sliced (to taste)
- 1/2 cup mint, chopped (reserve small amount to sprinkle on top for garnish)
- Salt and ground black pepper (to taste)

METHOD:

Preheat grill/barbecue. Slice eggplant, lengthwise, about 1/4-in. thick. Rub olive oil on each piece, both sides. Grill slices on barbecue, marking with crisscrosses, until just tender.

Place slices on baking sheet lined with parchment



submitted by a Club Member!

paper. Sprinkle lightly with salt and pepper. Let cool. In bowl, combine crumbled feta cheese with lemon juice to taste, tomatoes, mint, salt and pepper to taste.

On each slice of eggplant, put approx. 1/4 cup of feta mixture, and roll up. Put all rolled slices in a row on platter. Sprinkle top with reserved chopped mint.

SERVES 2

PREP TIME: 10 MINUTES

COOKING TIME: 20 MINUTES



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Horoscopes by Sally Brompton

sallybrompton.com

ARIES
MARCH 21-APRIL 20



You may be inclined to let a wrong-doer off the hook, but is that a good idea? It may just encourage others to believe they can take advantage of you too.

LIBRA
SEPT 23-OCT 23



A friendship may be going through a rough patch at the moment but don't give up on it yet. You'll find lots of reasons to patch up your differences.

TAURUS
APRIL 21-MAY 21



The stars convey that you can make yourself happy or sad — it's up to you which path you take. Look around you today and find reasons to be cheerful.

SCORPIO
OCT 24-NOV 22



The more you worry about a situation the more likely it is to turn out badly. Be positive today. Change your thinking and you change your world.

GEMINI
MAY 22-JUNE 21



Make sure you say nice things about others today — even if you don't mean what you say — as then they're more likely to say nice things about you.

SAGITTARIUS
NOV 23-DEC 21



Today you must resist the urge to splash out on things you don't need. That applies especially to gifts bought for those you have feelings for.

CANCER
JUNE 22-JULY 22



Today, the influence of Pluto will bring out your ruthless side — but use it only when you really need to, and even then in moderation.

CAPRICORN
DEC 22-JAN 20



Capricorns know the greatest triumphs come from overcoming mighty challenges. Today you'll confront the kind of challenge you secretly enjoy.

LEO
JULY 23-AUG 23



A new solar cycle has begun and you know it's going to be one of the best ever. But you don't have to do everything at once or cut corners.

AQUARIUS
JAN 21-FEB 18



Someone whose judgment you trust will try to convince you that their latest idea is a sure-fire winner. Don't be so sure. Say thanks but no thanks.

VIRGO
AUG 24-SEPT 22



It's not like you will be controversial but you'll go out of your way to stir things up today. But take care not to alienate those whose support you need.

PISCES
FEB 19-MARCH 20



If your idea is a good one and if you are committed to it heart and soul you can make it work at any time — and there is no time like the present.

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